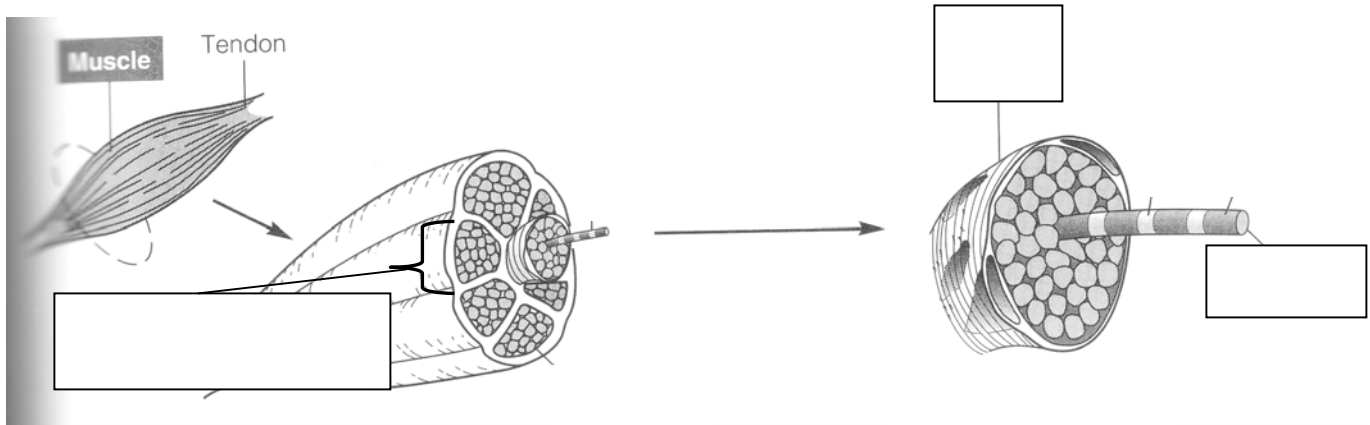


1) Label the diagram below with the following terms:

**Fascicle, Fiber, Myofibril**



2) What types of fibers (white or red) are likely to have the highest “capillarity”? Are these the largest or smallest fibers?

3) Name 5 myofillaments (proteins in muscle cells involved in some aspect of contraction or relaxation):